



Issue 12

www.jarrowschool.com

Summer Term 2025

0191 4283200

Safeguarding and Child Protection at Jarrows School

Designated Safeguarding Leads

Deputy Head Teacher:

Mr A McConway
amcconway@jarrowschool.com

Student Safeguarding Support Manager:

Mrs K Mather
kmather@jarrowschool.com

Safeguarding Assistant:

Mrs M Frame
mframe@jarrowschool.com

Email general safeguarding inquiries to the Safeguarding Team at:

Safeguarding@Jarrowschool.com

Link Governor for Cared for Children

Miss V Lawlor

Link Governor for Safeguarding

Mr M Adamson

Other Important People

Head Teacher

Mr P Atkinson

Head of Year 7

Mr N Whitley

Head of Year 8

Ms C Coutts

Head of Year 9

Mrs A Elgood

Head of Year 10

Mr S Hannah

Head of Year 11

Mr M Connelly

Pastoral Leader

Mrs D Lawson

Attendance Lead

Mrs E Milburn

Mentors

Mrs K Walker
Mrs S Scott
Mr M Armstrong
Miss A Ray

School Nursing Service
0191 2832189

Safeguarding and promoting the welfare of children means:

Safeguarding and promoting the welfare of children means:

- Providing help and support to meet the needs of children as soon as problems emerge.
- Protecting children from maltreatment, whether that is within or outside the home, including online.
- Preventing impairment of children's mental and physical health or development.
- Ensuring that children grow up in circumstances consistent with the provision of safe and effective care.
- Acting to enable all children to have the best outcomes.

Supporting our Families through Early Help

Our DSL's can support the whole family, not just students within our school. We usually use something called an Early Help Plan to fully understand the strengths within your family and what areas you would like help with.

An Early Help Plan is consent-based and will be led by the wants and needs of the family. We will work in partnership with parents/carers to make positive changes and improve outcomes for all family members.

Depending on how you would like us to help you, we can link in with various 'experts' to work with certain individuals within the family, or the family as a whole.

The process:

- One of our DSL's would meet with parents/carers to complete an Early Help Assessment. This would help us to understand what is important to you, as a family, what is working well, and which areas you may like support with.
- In partnership with parents/carers, we would agree a support plan, which may include making referrals to other support agencies, changes within school, advice and support or signposting.
- That DSL will remain your link throughout the duration of the plan.
- Parents/carers and all professionals involved in supporting the family would meet every 4-6 weeks to review progress. This allows an opportunity for us all to discuss the positives and also ensures that your family is receiving the support that has been agreed.
- When the family feels that the necessary support is in place and things are improving, the plan will be ended. The DSL in school can continue to be your link for any further support needs or advice.

We can be flexible in fitting around your work commitments or where the assessment or meetings take place. For instance, if there are implications on child care or you just don't feel comfortable coming into school, we can come to you at home or meet somewhere in the community such as a children's centre or a café.

Your information would be confidential and not shared with anyone else in school, without your consent.

Referrals to other support services would also be consent-based, unless a child was deemed at risk of harm or had experienced harm.

If you would like support or to find out more, please contact Mrs Mather on 0191 4283200 or email kmather@jarrowschool.com.



E-Bikes - The Rules

The Police have made us aware of an increase in the use of e-bike related offences so we want to make sure you are aware of what is and isn't legal:

The Rules

You can ride an electric bike if you're 14 years or over, as long as it is an 'electrically assisted pedal cycle' (EAPC).

You do not need a licence to ride an EAPC and it does not need to be registered, taxed or insured.

When your bike is an EAPC

An EAPC:

- must have pedals that can be used to propel it.
- can have more than 2 wheels, for example a tricycle.
- it can be propelled up to 15.5mph without pedalling but only if it's been approved.
- its electric motor must have a 'continuous rated power' output of no more than 250 watts.
- you must not be able to propel the bike when it's travelling at more than 15.5 miles per hour.

What your EAPC must show

Markings on the bike must show both:

- the continuous rated power output.
- the bike manufacturer.

It must also show either:

- the battery's voltage.
- the maximum speed the motor can propel the bike.

Where you can ride an EAPC

If your bike is an EAPC then you can ride it on cycle paths and anywhere else pedal bikes are allowed.

You *cannot* ride it on pavements.

When your bike is NOT an EAPC

If your electric bike does not meet the EAPC rules then it's classed as a motorcycle or moped.

Your bike is NOT an EAPC if it:

- can be propelled at more than 15.5 miles per hour (mph) by the motor
- has a continuous rated power output higher than 250 watts
- does not have pedals that can propel it

If your bike is not an EAPC

If your electric bike is not an EAPC it must be registered and taxed.

You need to:

- get a valid driving licence to ride one.
- wear a motorcycle helmet that meets British safety standards.
- insure your vehicle.

Where you can ride if your bike is not an EAPC

If your electric bike is not an EAPC then you:

- can only ride it on the road.
- cannot ride it on cycle tracks or in cycle lanes.

When your electric bike needs vehicle approval

An electric bike must be approved if either:

- it can be propelled up to 15.5mph without pedalling, for example, a 'twist and go.'
- it does not meet the EAPC rules.

The bike should have been approved by the manufacturer or importer before you bought it. If it's been approved, it will be marked with the approval number.

If it has not been approved, you can apply for Motorcycle single vehicle approval.

For more information, visit:

<https://www.gov.uk/electric-bike-rules>



Useful Acronyms & Vocabulary

DSL: designated Safeguarding Lead

SPOC: single Point of Contact (PREVENT) responsible for preventing children being impacted by extremism.

Sexual Violence:

incidents such as rape, assault by penetration and sexual assaults.

Sexual Harassment:

sexual comments, remarks, jokes and online sexual harassment, which may be stand-alone or part of a broader pattern of abuse.

Sexting: also known as 'youth produced sexual imagery'

Sexual abuse: being persuaded or forced into undesired sexual activity

Misogyny: feelings of hating women or the belief that men are better than women

Who's who at Jarow School

Mr McConway

Senior DSL

Mrs Mather

DSL, SPOC and Senior Mental Health Lead

Mrs Frame

Deputy DSL

Miss V Lawlor

Link Governor for Cared for Children

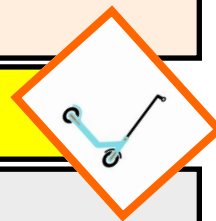
Mr M Adamson

Link Governor for Safeguarding



If you have any concerns about the safety and/or welfare of a child or young person, telephone the Multi Agency Safeguarding Hub (MASH) on 0191 4245010. Outside of office hours, please contact the Emergency Out of Hours Team on: 0191 4562093. You can also contact school and speak with one of our DSL's for further advice.

E- Scooters–The Law



Again, there is a significant increase in children and young people using E-scooters within South Tyneside. The Police would like us to challenge some misconceptions and support parents to make informed decisions when considering purchasing an e-scooter for their child.

Currently there is not a specific law for E-scooters, so they are recognised as 'powered transporters'. Given how powered transporters are motorised and designed, they fall within the legal definition of a "motor vehicle". Therefore the laws that apply to motor vehicles, also apply to E-scooters.

It is illegal to use a powered transporter (E-Scooter):

- on a public road without complying with a number of legal requirements, which potential users will find very Difficult.
- in spaces that are set aside for use by pedestrians, cyclists, and horse-riders; this includes on the pavement and in cycle lanes.

Any person who uses a privately owned e-scooter on a public road or other prohibited space is committing a criminal offence and can be prosecuted.

It is only legal to use a private e-scooter on private land with the permission of the land owner.

Where can a privately-owned E-Scooter NOT be used?

Pavements and other pedestrian-only areas.

It is an offence to use EE-scooters on the pavement. By section 72, Highway Act 1835 it is an offence to ride on, or to lead or draw a carriage on a pavement. This rule applies to almost all vehicles, with special legal exceptions for mobility scooters and wheelchairs.

In addition, E-scooter are forbidden from using footpaths. A footpath is a public right of way over land which may only be used on foot (as opposed to a bridleway or a carriageway). Mechanically-propelled vehicles are forbidden from using footpaths by section 34 Road Traffic Act 1988.

Cycle lanes, bridleways, and restricted byways

E-scooters are prohibited from using cycle tracks, cycle lanes on roads, or other spaces dedicated to pedal cycle use only (section 21(1), Road Traffic Act 1988). EAPCs and mobility scooters are exempt from this ban. In addition, E-scooters cannot be used on bridleways or restricted byways (section 34, Road Traffic Act 1988).

Public roads

For motor vehicles to use public roads lawfully, they must meet a number of different requirements. These include insurance; conformity with technical standards and standards of use; payment of vehicle tax, licensing, and registration; driver testing and licensing; and the use of relevant safety equipment.

If the user of a powered transporter (E-scooter) could meet these requirements, it might in principle be lawful for them to use public roads. However, it is likely that they will find it very difficult to comply with all of these requirements, meaning that it would be a criminal offence to use them on the road.

Other spaces

Some of the same restrictions set out above apply to other spaces which are nevertheless accessible to the public, such as car parks, public squares which are not restricted to pedestrian use, privately-owned roads, industrial estates, and university campuses.

There are no statutory restrictions on the use of powered transporters (E-scooters) on private land which is not accessible to the public. The permission of the owner and/or occupier of the land will be required however.

The Law

The potential for people misusing e-scooters will depend of the nature and gravity of the offence. Sentences range from fines and penalty points to disqualification from driving. Those who use e-scooters dangerously or under the influence of drink or drugs can also be convicted of offences leading to imprisonment.

There is no legal age limit for the use of private e-scooters, however current Government-backed E-scooter rental scheme trials (the nearest to use being Newcastle) state that users should be over the age of 16 (the age at which a provisional licence can be granted). E-scooter use within rental schemes is legal within that specific local authority.



Your Child's Screen-time



What's the problem?

Spending time online and on devices can be a positive thing, especially for educational use. However, high levels of screen time can put your child at greater risk of:

- Being bullied online
- Abuse and grooming (when someone builds a relationship with a child to exploit or abuse them)
- Seeing inappropriate content
- Not getting enough sleep and exercise
- Disruption to learning and studying
- Negative effects on mental wellbeing

While it may be tempting to ban devices altogether, this also has some risks, as it can:

- Cause children to keep any screen time a secret, making it more difficult for them to seek help with bullying, harmful content or potential grooming
- Make children more prone to grooming, as abusers could offer them a 'secret' device
- Slow technology skill development. Technology is part of everyday life, and teaching children how to benefit from it can help prepare them for the future and develop online safety skills
- Block access to resources that could be beneficial, such as educational apps or websites

4 steps you can take to protect your child:

1) Set parental controls on devices

- Use parental controls to restrict access to in-app purchases and explicit or age-rated content, and, on some devices, how long your child can spend on the device or certain apps.
- You'll likely need to set a password for parental controls. Make sure it's different from the password used to access the device, and that your child doesn't know it.

2) Agree rules on screen time

There are mixed views on 'safe' screen time, but you could agree some limits to stop screen time interfering with your child's sleep or family activities:

- Make a plan together, and stick to it. You could set media-free times and zones, like during meals or in bedrooms.
- Try to avoid screens an hour before bedtime.
- Model the behaviour you want to see – this may mean no screen time for you at the times agreed with your child. Children are more likely to learn from example.
- Try to minimise snacking during screen time.
- Turn not using screens into a game, using apps like Forest, where not using devices is rewarded (<https://www.forestapp.cc/>).

3) Talk to your child about staying safe online

Discuss the restrictions and why they're needed. Teach them:

- That anyone can pretend to be a child online.
- That if they talk to people they don't know, not to give away personal information – like what street they live on or where they go to school – or to share their location with them. To say no if they are asked for images or videos of themselves, and to stop talking to the other person if they are asked for these things
- To set their profiles to private, to limit what others can see.
- To be 'share aware' – think carefully about what they share and with whom. Once it's out there, they have no control over what the other person does with it. Remember, it's illegal to take, share or possess sexual images of under-18s, full stop.
- If they see something that upsets them, or someone bullies them, to tell an adult they trust. Bullying and upsetting content is not their fault.
- If you don't feel confident starting a conversation with your child about what they're doing online, take a look at this advice from the NSPCC: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>.

4) Encourage off-screen activities

- Help your child get physically active for the recommended 60 minutes a day: See www.nhs.uk/change4life/ activities for free ideas for activities and games.
- Consider local sports or activity clubs. Information on activities offered by South Tyneside Youth Service can be found later in this Newsletter!
- Try an app that's designed to get children active – see examples at: www.internetmatters.org/resources/apps-guide/apps-to-help-kids-get-active/.

Local and Topical Safeguarding Notices

Toxic Masculinity and Misogynistic Influencers

Well-known influencers include *Andrew Tate, Hamza Ahmed, Adin Ross and Jordan Petersen*, but there are many more.

Content from misogynistic influencers will often:

- Be combined with other, less controversial material including fitness and lifestyle advice, which can help attract a wider audience
- Include step-by-step instructions on how to improve social standing
- Showcase wealth, luxurious lifestyles and expensive possessions. This makes followers think they can have the same success if they adopt the same beliefs

Community Vaping

The Police have recently made us aware of a new form of exploitation, which is very much taking place within South Tyneside called 'Community Vaping'.

This is where a child gets given a vape then has it for a set amount of days before having to return it. If the vape is not returned on time, the child then owes a 'penalty' of £30, which will increase to £50 if not paid on the day. This sum then increases further with each day the debt is not settled in full. The Police are unsure what substance is in these vapes and there is evidence that unpaid debt can lead to the child becoming the victim of serious violence.

Please be aware of this phrase and talk to your child about the dangers of community vaping.

Pop-Up Parties

With the end of the school year upon us and lots of year 11 leavers, the Police have made us aware of an increase in so called 'pop up parties'

This is where children club money together to reserve a room or residence through 'Air B&B' for the sole purpose of holding parties.

There are little restrictions or checks regarding Air B&B hire currently and there is evidence to suggest that some of these properties are hot spots for crime and exploitation of children. Drug and alcohol use is prevalent at these parties and often they are organised and attended by adults, many linked with child sexual exploitation.



Useful Acronyms & Vocabulary about Safe-guarding

STSCP: South Tyneside Safeguarding Children's Partnership

KCSIE: Keeping Children Safe in Education

CAMHS: Child and Adult Mental Health Services

CYPS: Children and Young People's Service

ICTS: Children's Mental Health Crisis Team

MARAC: Multi Agency Risk Assessment Conference

PPO: Police Protection Order

NSPCC: National Society for the Prevention of Cruelty to Children

Non-molestation Order: a special injunction that aims to prevent a partner or former partner from harming you or your child

Domestic Abuse:

includes physical, emotional and sexual abuse in intimate relationships or between family members.

Front Door: Children's Social Care referrals and point of contact

MASH: Multi Agency Safeguarding Hub

For more information about how we safeguard the students of Jarrow School, view our Safeguarding and Child Protection Policy on our website.

Mental Health Support for Students

Lifecycle/ Healthy Minds Team:
0191 2832937

Escape: 0191 4276353

Parenting Support

Early Help Family Workers: 0191 4246210

Children's Social Care: 0191 4245010

Out of Hours Social Care: 0191 4562093

Summer Activities



WEEK 1

ACTIVITY	DATE/TIME	AGES
Holiday Activities At Simonside Climbing Wall Activities could include: - Arts and Crafts - Sports - Games - Cooking - Rock Climbing - Polymer Clay with Polymorph Sculptures - And more!	22.07.25 11am-2pm	10-17
Outdoor Education Adventure Day with Simonside Outdoor Adventure *Activities will be weather dependant but could include: - Kayaking - Paddle boarding - Speed boat - Archery - Mountain biking - Adventure day walks - Climbing	23.07.25 9:30-3:30pm	10-17
Holiday Activities At The Hut Youth Project Activities could include: - Arts and Crafts - Sports - Games - Cooking - Football with Chris and Nas - And more!	23.07.25 4-8pm	10-17

WEEK 2

ACTIVITY	DATE/TIME	AGES
Holiday Activities At Simonside Climbing Wall Activities could include: - Arts and Crafts - Sports - Games - Cooking - Circus Skills - Artist Workshop - And more! *rock climbing not available this week	29.07.25 11am-3pm	10-17
Holiday Activities At The Hut Youth Project Activities could include: - Arts and Crafts - Sports - Games - Cooking - Football with Chris and Nas - And more!	30.07.25 4-8pm	10-17
Outdoor Education Adventure Day with Simonside Outdoor Adventure *Activities will be weather dependant but could include: - Kayaking - Paddle boarding - Speed boat - Archery - Mountain biking - Adventure day walks - Climbing	01.08.25 9:30am - 3:30pm	10-17

WEEK 3

ACTIVITY	DATE/TIME	AGES
Holiday Activities At Simonside Climbing Wall Activities could include: - Arts and Crafts - Sports - Games - Cooking - Emma's Exotic Animal encounters - And more! *rock climbing not available this week	05.08.25 11am-3pm	10-17
Holiday Activities At The Hut Youth Project Activities could include: - Arts and Crafts - Sports - Games - Cooking - Football with Chris and Nas - And more!	06.08.25 4-8pm	10-17
Outdoor Adventure Activity Day with Simonside Outdoor Adventure *Activities will be weather dependant but could include: - Kayaking - Paddle boarding - Speed boat - Archery - Mountain biking - Adventure day walks - Climbing	08.08.25 9:30am - 3:30pm	10-17

WEEK 4

ACTIVITY	DATE/TIME	AGES
Holiday Activities At Simonside Climbing Wall Activities could include: - Arts and Crafts - Sports - Games - Cooking - Rock Climbing - And more!	12.08.25 11am-3pm	10-17
Holiday Activities At The Hut Youth Project Activities could include: - Arts and Crafts - Sports - Games - Cooking - Football with Chris and Nas - And more!	13.08.25 4-8pm	10-17
Outdoor Adventure Activity Day with Simonside Outdoor Adventure *Activities will be weather dependant but could include: - Kayaking - Paddle boarding - Speed boat - Archery - Mountain biking - Adventure day walks - Climbing	15.08.25 9:30am - 3:30pm	10-17

OUTDOOR ADVENTURE ACTIVITY WEEK WITH SIMONSDIE OUTDOOR ADVENTURE

ACTIVITY	DATE/TIME	AGES
Paddle Sports Day	11.08.25 9:30am-3:30pm	11-17
Mountain Biking Day	12.08.25 9:30am-3:30pm	11-17
Outdoor Climbing Day	13.08.25 9:30am-3:30pm	11-17
Adventure Day Walk	14.08.25 9:30am-3:30pm	11-17
Adventure Kayak Journey	15.08.25 9:30am-3:30pm	11-17

Please email Youthservice@southtyneside.gov.uk for a booking form

<https://www.southtyneside.gov.uk/article/3992/South-Tyneside-Youth-Service#events>

Each week we will also be going on a trip. Trips will include: Ice Skating, Trip to Alnwick Gardens and Lillidore, Arcades and Bowling, Hamsterly Forest.

Please email Youthservice@southtyneside.gov.uk for a booking form

Safeguarding Directory

Families need support from time to time. In addition to reaching out to school, we are lucky enough to have several support agencies within South Tyneside, who work in collaboration with families, to make life a little easier. Please refer to the below agencies and contact details.

Agency	Nature of support	Telephone
Autism Hub	Pre and post diagnosis support for children and parents	8160550
Bright Futures	Children at med/high risk of CSE	4551196
CYPS	Tier 3 mental health support for children and young people	5665500 NTAWNT.SOTCyps@NHS.net
Early Help Advice	Early Help ISIT Team	4246210
Escape Intervention	Counselling Service and therapeutic group activities	4276353
Healthy Minds Team	Short term school based mental health support for children	2832936 Stsft.healthymindsadmin@nhs.net
Hebburn Helps	Food Bank	4899707
Human Kind	LGBTQ+ support for young people	4661389
ICTS	Children's mental health crisis service	5665500
Impact Family Services	Domestic abuse counselling for adults and children	0191 456 7577
MASH	Children's Services referrals Daniel Bowden – Education Navigator Adults Let's Talk Team	4245010 Out of hours: 4562093 frontdoor@southtyneside.gov.uk 4244433 07387533678 4246000
Keys Project	Family Mediation and children at risk of homelessness	4969710
Lifecycle	Tie 2 mental health support for children and adults	2832937
Matrix	Children's substance misuse support service	4975637
Men's Aid	Support for male victims of domestic abuse	2239986
Police	Non-emergency calls Pcso Nevins Pscs Rudd Anti-terror HOTLINE	01661 872555 07885263158 07885263162 0800 789321
School Nursing Service	5-16 health advice	2832189 STSFT.STSTschoolnurse@nhs.net
Hayley (Myhealth@school)	Specialist School Nurse	07359243372
STDAPP	Support for male perpetrators of domestic abuse	4545335
SURT	Support for child victims of domestic abuse or CSE	07565538165 – Domestic abuse 07907560522 – CSE
WHIST	Support for vulnerable women	4546959
Young Carers Service	Support for young carers	4543346